

Different kinds of masks from CDC website –

Surgical masks - Also called a medical mask, a surgical mask is a loose-fitting disposable mask that protects the wearer's nose and mouth from contact with droplets, splashes and sprays that may contain germs. A surgical mask also filters out large particles in the air. Surgical masks may protect others by reducing exposure to the saliva and respiratory secretions of the mask wearer. There is no cdc approved surgical mask that filters out the virus. ... but these masks may provide some protection when N95 masks are not available.

N95 masks - Actually a type of respirator, an N95 mask offers more protection than a surgical mask does because it can filter out both large and small particles. The name indicates that the mask is designed to block 95% of very small particles. Like surgical masks, N95 masks are intended to be disposable. However, researchers are testing ways to disinfect N95 masks so they can be reused.

Cloth masks - While surgical and N95 masks are in short supply, cloth masks are more accessible and reusable. Although cloth masks and N95 masks have different purposes, both are intended to slow the spread of COVID-19. A cloth mask is worn to help protect others in case the wearer has the virus. An N95 mask helps protect the wearer from getting the virus from others.

Countries that required face masks, testing, isolation and social distancing early in the pandemic seem to have had some success slowing the disease's spread. Common sense also suggests that some protection is better than none. But wearing a cloth face mask will lose any value unless it's combined with frequent hand-washing and social distancing.

(NB: surgical masks typically filter 95% of bacteria which is a full blown creature with it's own DNA and RNA. It is about 100 times larger than a virus like Covid, which is only a part of a DNA wrapped in a protein)